

NATHAN ASTLE, CFT-I™

Founder and CEO of the Financial Therapy
Clinical Institute and Relational Money.
Certified Financial Therapist
Couples and Family Therapist



About Me

Hi, I'm Nate! I'm a financial therapist who specializes in couples, emotions and money, and financial trauma.

I founded the Financial Therapy Clinical Institute and Relational Money to:

1. Provide collaborative financial care to people who need services at the intersection of money and mental health
2. Pioneer holistic financial therapy training for mental health and financial professionals
3. Build a body of clinical research to show the power of our revolutionary services

Services I Provide



Financial therapy and coaching for individuals, couples, and families



Professional trainings for mental health and financial professionals

Featured

I have been featured in numerous outlets like The New York Times, Forbes, The Wall Street Journal, Psychology Today, CNBC, USA Today, TD Ameritrade, Money Geek, and more.

Quotes

“Shame is the enemy of change”

“Money is always more than numbers”



Get In Touch

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